

EUCOMS & Society of Social Psychiatry P. Sakellaropoulos Seminar

March 27&28, 2025

Alexandroupolis, Greece

Activities Location: Exhibitional Art Center of Evros Prefecture "NOMARXEIO"

Thursday 27/3/2025

8:30 - 9:00	Registrations
9:00 - 9:30	Welcome & Introduction <ul style="list-style-type: none">• René Keet - Chair of EUCOMS Network• Athina Fragkouli-Sakellaropoulou - PhD, LRCSLT, President of the Executive Committee of the Society of Social Psychiatry P. Sakellaropoulos• User of services• Representative of the Region/Ministry of Health
09:30 - 10:00	The impact of environmental crisis on the mental health of children and adults in Europe <ul style="list-style-type: none">• To Be Confirmed
10:00 - 10:15	The community based mental health services of the Society of Social Psychiatry P. Sakellaropoulos <ul style="list-style-type: none">• Dimitris Tataridis - MSc, Administrative Director of the Executive Committee of the Society of Social Psychiatry P. Sakellaropoulos.
10:15 - 10:30	The paradigm of the Mobile Mental Health Unit in mental healthcare in rural areas in Greece <ul style="list-style-type: none">• Ioannis Bellas - Psychiatrist, Society of Social Psychiatry P. Sakellaropoulos Thrace region
10:30 - 11:40	Taking care of the youth - enhancing mental resilience Living and Learning Together programme. Working with the School Community in a Region with Diverse Cultural Challenges <ul style="list-style-type: none">• Pinar Kotza-Sali - Special Education Teacher, MSc, Society of Social Psychiatry P. Sakellaropoulos Thrace region The close collaboration of the Directorate of Secondary Education of Evros with the Society of Social Psychiatry P. Sakellaropoulos <ul style="list-style-type: none">• Alexandra Gouliama - PhD, Education Advisor for Philologists in Secondary Education (Directorate of Evros), Supplementary quality supervisor of educational project of Secondary Education• Vasiliki Kalamari - Director of the Model Vocational Upper Secondary School of Alexandroupolis, Educator in Information Technology• Eleftherios Hanos - Student of 2nd Year, Model Vocational High School of Alexandroupolis (Maritime Studies) <p>"940,000" - Awarded video screening of Model Vocational Highschool of Alexandroupolis; the title of the video is inspired by the number of the burnt km² in Evros region fire in 2023</p>
11:40 - 12:00	Coffee Break

12:00 - 12:30	<p>Natural disasters and mental health care: Society of Social Psychiatry P. Sakellaropoulos intervention in the fire- affected Evros region</p> <ul style="list-style-type: none"> • Akis Maragkozakis - <i>Social Worker MSc, Society of Social Psychiatry P. Sakellaropoulos Thrace region</i> <p>Screening videos with interviews with the lived experience of service recipients and staff working at the fire affected areas</p>
12:30 - 13:45	<p>A post-disaster collective response: Building resilience through togetherness - Facilitated by Akis Maragkozakis</p> <p>Experiential Working Group*:</p> <ul style="list-style-type: none"> • Dimitris Kostopoulos - <i>Volunteer Rescuer, member of Greek Rescue Team</i> • Giorgos Hatzigeorgiou - <i>Former President of Community Council of Avantas, a fire-affected local village</i> • Vaso Pantelidou - <i>President of Community Council of Kirki, a fire-affected local village</i> • Elena Ntaoula - <i>Member of Community Council of Dadia, a fire-affected local village</i> • Vaggelis Kikos - <i>Farmer, resident in the fire-affected village of Dadia</i> <p><i>*Greek presentations with translation</i></p>
13:45 - 14:00	Q&A / Discussion
14:00 - 15:00	<i>Lunch Break</i>
15:00 - 17:00	<p>Building Resilience Together: Best Practices and Experiences in Community Mental Health Services for Environmental Crises – examples from European countries</p> <p>Experience of mental health response to the earthquakes in Turkey</p> <ul style="list-style-type: none"> • Speaker from Turkey To Be Confirmed <p>Facing unprecedented floods in Valencia, Spain</p> <ul style="list-style-type: none"> • Speaker from Valencia To Be Confirmed
17:00 - 17:30	<i>Coffee Break</i>
17:30 – 17:45	<p>Psychosocial first aid after climate crisis disasters: the experience of ARGO Federation interventions</p> <ul style="list-style-type: none"> • Menelaos Theodoroulakis - <i>Phd in Social Policy, President of the boards of directors of ARGO Federation and Panhellenic Association for Psychosocial Rehabilitation and Professional Reintegration (PEPSAEE)</i>
17:45 - 18:00	Q & A -Discussion
18:00 - 20:00	City walk
20:00	<i>Dinner</i>

Friday 28/3/2025

9:00-13:00	<p>FIELD VISITS</p> <p><i>Detailed description of each site visit will be given soon</i></p>
13:00-14:00	<i>Lunch break</i>
14:00-15:00	Discussion/Feedback on morning's field visits

15:00-15:15	The Role of the Mobile Mental Health Units in Empowering Communities During Environmental Crises <ul style="list-style-type: none"> Ioanna Kallia - <i>Mental Health Professional in the Society of Social Psychiatry P. Sakellaropoulos, Fokida region</i>
15:15-15:30	The Unseen Challenges of Crisis Management: Thessaly Floods as a Case of Resilience <ul style="list-style-type: none"> Tonia Antonopoulou - <i>Coordinator, Psychosocial Rehabilitation Units of the Society of Social Psychiatry P. Sakellaropoulos, Fthiotida region</i>
15:30-16:00	Q&A – Discussion
16:00-17:00	Feedback, proposals and closing remarks <ul style="list-style-type: none"> René Keet Athina Fragkouli-Sakellaropoulou User of services

Saturday 29/3/2025

7:15 Optional excursion to Dadia National Park

The Dadia-Lefkimi-Soufli Forest National Park is one of the most important protected areas at national, European and international scale. It is one of the first areas in Greece to be declared as protected since a great deal of flora and fauna species found in the Balkan Peninsula, Europe and Asia coexist here. The landscape mosaic formed by pine and oak forests, interrupted by clearings, pastures and fields is the ideal habitat for birds of prey. The National Park hosts three out of the four Vulture species of Europe (the Black Vulture, the Griffon Vulture and the Egyptian Vulture), while it is home to the only breeding population of Black Vultures in the Balkans. It is about 65 km far from Alexandroupolis, where the Information Center and the offices of the National park Management Body are located. The Dadia-Lefkimi-Soufli Forest National Park Information Center is located in Dadia, about 800 meters from the main square of the village where the Society of Social Psychiatry P.Sakellaropoulos operated a mobile support unit for those affected by the August 2023 fire, in accordance with a program assigned to it by the Ministry of Health.