



Seminar agenda

Sustainable Mental Health in Community

21 - 22 November 2024 | Lisbon, Portugal

Wednesday 20th
Arrival Day

Activities location: Fundação Oriente Museum, Lisbon (<https://www.foriente.pt/>)

[Click here to register to the seminar](#)

Thursday 21st

- 09:30 **Opening Ceremony**
- Miguel Xavier - President of the Scientific Council at NOVA Medical School, National Coordinator of Mental Health Policies in Portugal*
- René Keet - Chair of EUCOMS Network, Directeur of FIT Academy, GGZ-NHN*
- TBC - Representative of the Ministry of Health*
- 10:00 **Mental Health reform in Portugal: achievements and challenges**
- Miguel Xavier - National Coordinator of Mental Health Policies*
- 10:20 **Training and implementing CMHT in Portugal: update and future directions**
- Joaquim Gago - Psychiatrist Consultant, Psychiatry Teacher and Member of National Coordination of Mental Health Policies*
- 10:40 **Coffee break**
- 11:00 **CMHT in Portugal: research and follow-up**
- Maria João Marques - Researcher at NOVA National School of Public Health, Member of the National Coordination of Mental Health Policies*
- Diogo Francisco Rodrigues - Psychiatry Resident at ULS Lisboa Ocidental*
- 11:15 **3 CMHT in clinical practice: challenges, sustainability and development**
- To Be Confirmed from Beja, Ourem and Viseu CMHT*
- 12:15 **Feedback and discussion**
- Rene Keet, Manuel Franco, Miguel Xavier and Joaquim Gago*
- 13:00 **Lunch**
- 14:00 **Sustainable health in a global world chaired by René Keet**
- Sustainable health and environment - Luis Campos** (*Portuguese Council for Health and Environment*)
- Sustainable mental health - Tânia Dinis and Teresa Pereira** - (*ECOPSI*)
- Mental health service working on sustainability - Freddie Ong** (*Advisor on property and sustainability, GGZ Noord-Holland-Noord*)

15:00	Sustainability of Mental health service in Lille: French local challenges <i>Alain Dannet (WHO Collaborating Centre in Mental Health, Lille Metropole)</i>
15:15	Sustainable community mental health teams chaired by Caldas Almeida Zamora “Reticular” mental health community model - <i>Manuel Franco (Universidad de Salamanca, Spanish National Health System)</i> CMHT in Netherlands - <i>Niels Mulder (Erasmus University, Dutch Psychiatric Association)</i> CMHT in Norway - <i>Tor Helge Tjelta (Norwegian Association for Mental Health & Addiction Care)</i>
16:15	First day comments and conclusions followed by city walk
19:30	Dinner and Cultural Activity

Friday 22nd

09:00 - 13:00	Visits to innovative community mental health projects and CMHT Participants are separated in 4 or more groups a) CMHT from Hospital Fernando-Fonseca b) CMHT from ULSLO - West Lisbon / Oeiras c) Social prescribing project and community involvement d) MAAT Museum visit (near Tejo River) and innovative mental health interventions
13:00 - 14:00	Lunch
14:00 - 14:30	Questions and discussion about morning visits
14:30 - 15:30	Sustainable recovery Pilot peer support project in Portugal - <i>Manuela Silva</i> and a Peer Support expert Recovery college experience - <i>Beverley Rose (Projectleader, Consultant, Researcher)</i> Families support and involvement (EUFAMI Portuguese representative)
15:30 - 16:30	Sustainable Inclusion Support employment - <i>Jaap Van Weeghel (Board Member at MIND, Emeritus Professor of TRANZO, Tilburg University)</i> Employment initiatives and social inclusion - <i>Vasi Gafiuc (Cooperatives Confederation of European Social Firms CEFEC)</i> Housing first - <i>AIEPS (Portuguese NGO)</i>
16:30 - 17:00	Coffee break
17:00 - 17:45	Feedback, proposals and closing remarks
