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EUCOMS



The European Community based Mental Health Service Providers Network
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About EUCOMS Network



The European Community based Mental Health Service Providers (EUCOMS) Network

Introduction ←

Network's Background

The EUCOMS network wants to make a difference with and for people who experience severe and enduring mental ill health. The network does this through mutual learning and support between primarily mental health service providers, service users, carers and umbrella organisations that strive to implement quality community mental health care. Besides mutual learning and support, EUCOMS is the link between policy and practice and gives service providers a voice in the national and European policy arena. The ultimate goal of the network is that quality community-based mental health care services are implemented and accessible for service users in Europe and beyond.

EUCOMS engages in the following activities

- Facilitation of knowledge sharing including the organisation of one to two conferences a year, workshops and cross country visits to share best practices;
- Advocacy on national and European level for the implementation of quality community mental health care;
- Facilitation of capacity building of leaders, providers, and peer experts in community mental health care.

The network is open for service providers, networks, service user- and carer organisations, umbrella organizations, governmental agencies, health authorities, health trusts and individuals that provide services for people experiencing severe and enduring mental ill health or support these services

The 6 principles ←

EUCOMS is a network of practice, based upon a shared vision on community mental health. We share 6 principles that we regard as the foundation of community health care: human rights, public health, recovery, effectiveness, network and peer expertise. We support each other in building regional models of community mental health care.

EUCOMS connects community mental health services in Europe and beyond to learn from each other via 4-6 Webinars per year, biannual meetings and exchanges. The vision of EUCOMS was published in BMC Psychiatry <https://rdcu.be/bGlby>.

The 6 principles of EUCOMS described in 15 minutes in <https://vimeo.com/256413380>

| PERSPECTIVES | | WHAT IS THE WAY FORWARD? |
|----------------|---|---|
| ETHICS |  | The focus on human rights is a fundamental principle in community mental health care: the right of access to needs-based care in the least restrictive environment and the right of full participation. UN CRPD is foundation of our mission. |
| PUBLIC HEALTH |  | Community mental health services work for the health of citizens in a well-defined catchment area together with other services in the community. Key role for general practitioners. |
| RECOVERY |  | Recovery is the client's journey. 3 domains: symptoms, social functioning and personal identity. For mental health care it means focus on goals strengths and talents. Most important: offering hope. |
| EFFECTIVENESS |  | Effectiveness is defined in addition to science <u>by</u> : client goals, sustainability, adaptability and feasibility. Mental health reform goes together with evaluation. Effectiveness goes together with recovery approach. |
| NETWORK |  | Recovery is a social process of a client, supported by the informal network, community services and mental health care. Mental health care becomes part of a social ecosystem. |
| PEER EXPERTISE |  | Lived experience is a domain of expertise. Lived experience becomes peer knowledge by reflection. Peer knowledge becomes expertise by training and practice. A role in practice and policy. |

Benefits of being a full participant ←

Receive a regular newsletter with updates on industry trends, news, and best practices.

Enjoy free participation in on-location seminars, providing valuable opportunities for learning, networking, and collaboration (non-paid contacts will be required to pay a fee).

Benefit from the opportunity to host a webinar with EUCOMS' support, reaching a wider audience and sharing insights or initiatives.

Have your organization's information and updates shared on the EUCOMS website and its social media platforms, increasing your reach and impact.

Participate in thematic working groups addressing key components of community mental health care, enhancing your technical expertise and contributing to the network's goals.

Engage in knowledge and experience exchanges on mental health systems and the development and implementation of community mental health services, facilitating mutual learning and improvement.

Have your organization's name and contact information prominently displayed on the EUCOMS website, increasing your visibility within the network.

Gain the possibility of hosting on-location seminars with the support of EUCOMS, allowing you to showcase your expertise and contribute to the network's knowledge base.

Contribute to the monthly newsletter by writing articles or sharing updates from your organization, showcasing your thought leadership and accomplishments.

Enjoy continuous access to the network, fostering connections with other mental health organizations, service providers, and experts in the field.

Participate in shadow visits of services in host countries during EUCOMS' bi-annual meetings, gaining valuable insights and best practices.

Access twinning/ exchange support between countries, including advice, exchange of best practices, and training, to enhance the quality of your community mental health care services.

Learn more about EUCOMS



*click the buttons

Values and ambitions

Network Meetings

Newsletters

Consensus Paper

Video Presentation

Find us on social media:



Our mailing address is:

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