



Ongoing Reform of Mental Health

Mental Health Service Users' Participation

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Estuar Foundation

Bucharest
Cluj
Giurgiu
Ploiesti

Mental Health needs EMPOWERMENT

Objectives:



Self-representation



Training on self-representation



Speaking out loud



Developing, piloting, validating and launching a self-representation guide



Involvement in the decision-making processes



National advocacy campaign, with the direct involvement of users



Collecting information about needs regarding access to services and rights



Position paper on access to services and rights

Social and medical services needs of MHS Users in Romania



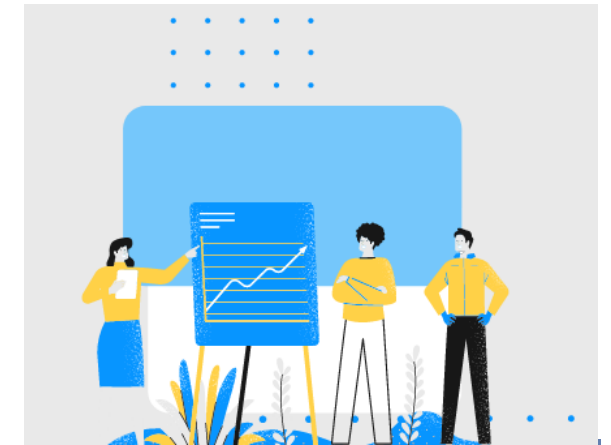
Background

Key principle: care is provided based on need
Felt needs are similar to wants, and in the purview of users.
Greater recognition of the importance of decisions to utilize health services made by the service users themselves.



Aim

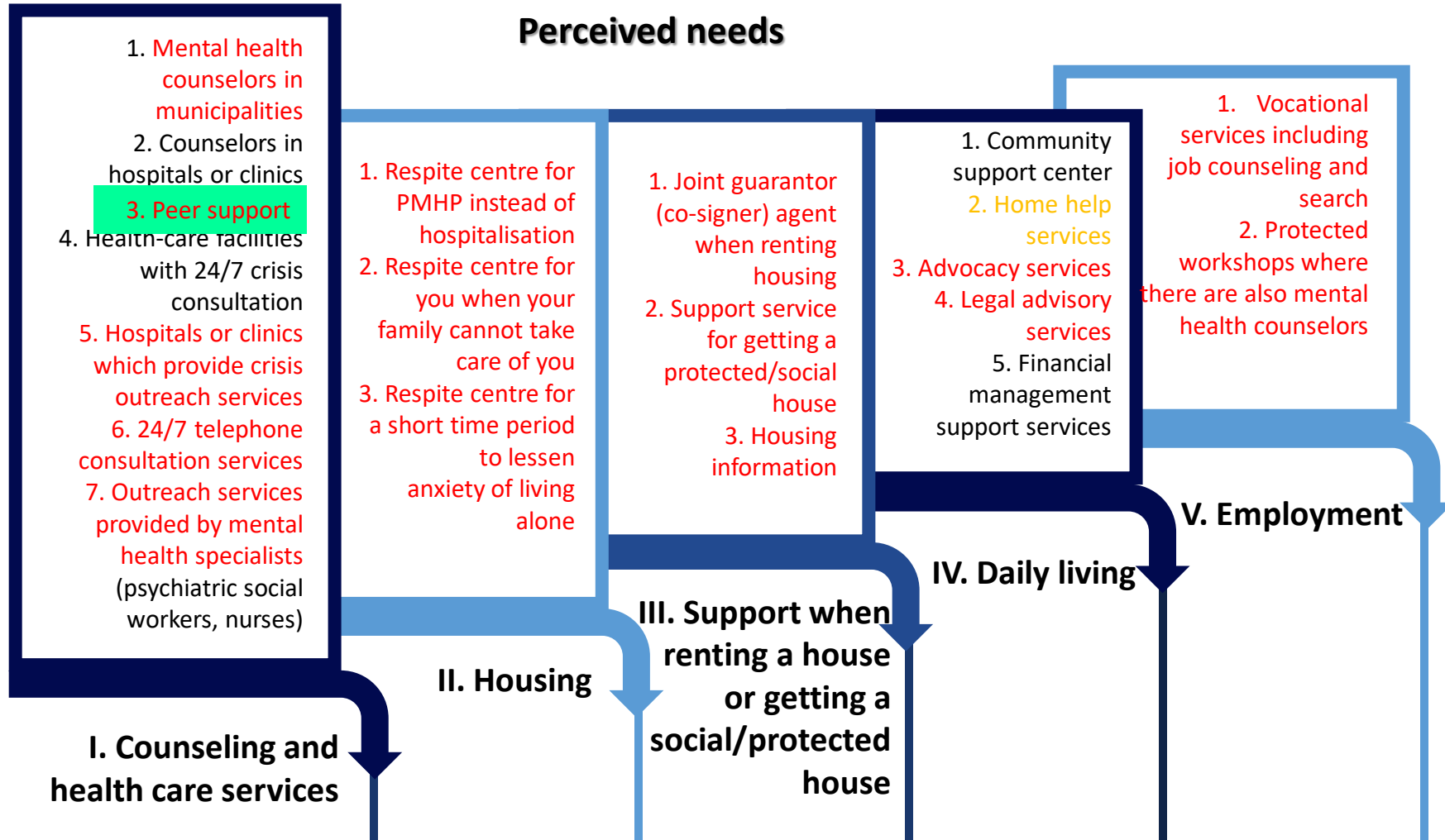
To describe the service needs, as perceived by people with mental health problems living in the community & taking counseling and patients of psychiatric hospital



Method

- Design, data collection and ethical considerations
- Questionnaire
- Perceived need of mental health services
- Statistical analysis

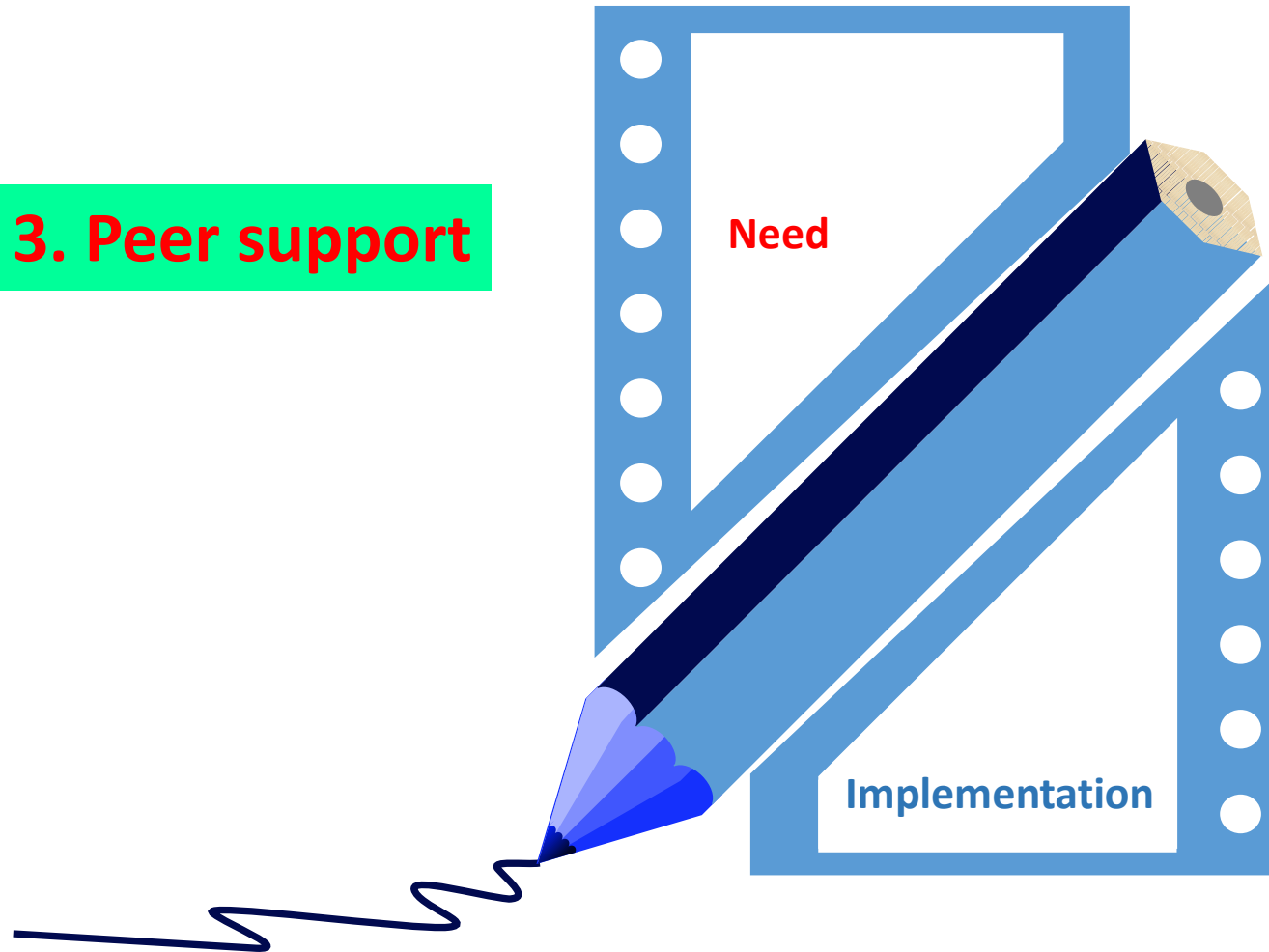
Perceived needs



Persons in counseling and support program	Absolutely necessary from 50,7% to 84,9%			
Patients of psychiatric hospital	Absolutely necessary from 52,5% to 77,5%	Somewhat necessary	Absolutely necessary from 50% to 65%	Somewhat necessary

Peer support - From **Need** to **Implementation** in Eastern Europe

3. Peer support



What is peer support

Training people with lived experience as a peer support

Peer support – job or volunteering?

Promotion of peer support

Solutions of implementing peer support as a community service



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