

European Community based Mental health Service providers Network

Newsletter 2, year 1

February 22nd, 2015

Location of the network meeting, April 6th 2016

On April 6th, the *EuCoMS* network will meet in **Heiloo** in the Netherlands. All venues for this meeting are within walking distance of the railway station in Heiloo. The train ride takes 30 minutes from Amsterdam Central Station and 45 minutes from Schiphol Airport. Please find below our suggestions for hotels near both venues:

First choice. Walking distance from the venue

Fletcher Hotel Heiloo
Kennemerstraatweg 425
1851 PD Heiloo
T: +31 72-5052244
E: info@fletcherhotelheiloo.nl
W: www.fletcherhotelheiloo.nl

Second choice. Walking distance from Alkmaar station

Amrâth Hotel Alkmaar
Geestersingel 15
1815 GA Alkmaar
T: +31 72 518 6186
E: info@amrathalkmaar.nl
W: <http://www.amrathhotels.nl/alkmaar/welcome-nl.html>

Third choice

Hotel Stad en Land
Stationsweg 92-94
1815 CE Alkmaar
T: +31 (0) 72 512 39 11
E: info@stadenland.com
W: <http://www.stadenlandhotelalkmaar.nl>

Fourth choice

Golden Tulip Alkmaar
Arcadialaan 6
1813 KN Alkmaar
T: +31 72-5401414
E: info@hotelalkmaar.nl
W: www.hotelalkmaar.nl

Agenda, network meeting April 5th and 6th 2016

April 5th 17:00h: Registration and welcome drinks at “De Trog”
 18:00h: Opening
 19:00h: GGZ Nederland invites all participants for a welcome dinner at “De Trog”.

“De Trog” is a converted manger on the former grounds of the psychiatric hospital. It is now a well-known tea-house that is run by clients of GGZ Noord Holland Noord. The address is: Bullaan 4, 1851 VW Heiloo (see annex 1 for the route)



April 6th

This is the preliminary agenda for the day:

09:00h: The focus will first be on establishing the shared values and ambitions of the network, followed by the first working session on the consensus document on community based mental health services

12:30h: Lunch

13:30h: Continuation of the morning program

15:00h: Next steps in the development of the network, such as the election (if needed) of persons who would like to fulfil a role in the network (steering group, advisory board, writers and content contributors). If you want to contribute, please send your preference a week before the meeting to eucoms2015@gmail.com

16:00h: Closing

Wednesday's meeting takes place in the former psychiatric hospital St. Willibrord, which was recently redeveloped into a business centre for entrepreneurs. The address is: Willibrordus Business Center / room "De Refter", Kennemerstraatweg 464, Heiloo (see annex 2 for route). The entrance to the meeting room is at the right side of the building (see picture).



April 7th

GGZ Noord-Holland Noord invites participants attending the EuCoMS meeting to join a **study visit** on Thursday, April 7th. This will include shadow sessions at a FACT-team and a visit to the High Intensive Care Unit. If you are interested, please send a message directly to fit-academy@ggz-nhn.nl.

Towards consensus about community based mental health services: first steps

The main topic on the agenda of the first network meeting is the consensus document on community based mental health services. To start our work together, we would like to ask you:

- To indicate what role you would like to have in the development process of this document
- To describe in your own words what the result should look like. When would you be proud of the work?
- To send us a list of topics that according to you should be part of this document
- To send us criteria your country uses to define community mental health services (with references)

COST Application

EuCoMS will apply for the COST Grant. This grant would provide EuCoMS a small amount of funding over a period of 4 years for networking activities, covering the cost for travel, meetings and congresses. To be eligible to apply for the COST grant, we need at least 5 researchers representing COST member countries¹. In light of the aim of the grant to stimulate the knowledge exchange between a variety of European countries, COST encourages the involvement of so called Near Neighbourhood² countries and International partner countries³.

At present, partners from The Czech Republic, Belgium, the Netherlands and Norway participate in the COST grant application, and several other partners have let us know they want to support the application. The (revised) deadline for submission of the grant is **April 25th**. If you are interested to join the application or if you would like to receive more information about the COST grant application, please send an email to eucoms2015@gmail.com.

Results from one-on-one conference calls

In January and February 2016, we have had conference calls with 19 people so far. Every person will receive an individual summary of their call. As we still have some calls scheduled in February, we will send you a summary of all calls with our next update in March.

Join the steering group or advisory board

We would still welcome 5 to 6 representatives from different European countries to join as members of the steering group. We are looking for senior managers/board members of community mental health services, people who represent their national/regional network or who are in the process of building one. Anticipating the discussion regarding the values of the EuCoMS Network on April 6th, we especially would welcome peer experts (people with lived experience or carers) with expertise in providing services.

Candidates for the steering committee must be willing to spend approximately 1 day a month in the first 2 years and be able to travel to international meetings. A good working knowledge of English is necessary. If you would like to join the steering group, please send an e-mail to eucoms2015@gmail.com and we will be in touch with further information.

EuCoMS network on Twitter

Please follow us on Twitter! **@EuCoMS**. EuCoMS is still an egg waiting to hatch but from April 5th, the first tweets will be published. Through your tweets we can keep on top of developments in community mental health services in Europe.



¹ Austria, Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Montenegro, The Netherlands, Norway, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Turkey, United Kingdom and the former Yugoslav Republic of Macedonia

² Albania, Algeria, Armenia, Azerbaijan, Belarus, Egypt, Georgia, Jordan, Lebanon, Libya, Moldova, Morocco, Palestinian Authority, Russia, Syria, Tunisia, and Ukraine

³ Bulgaria, Croatia, Cyprus, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Luxembourg, Malta, Montenegro, Poland, Portugal, Romania, Slovakia, Slovenia, FYR Macedonia, Republic of Serbia, Turkey, and Bosnia and Herzegovina.

Next newsletter in March

In the March newsletter we will include a summary of all calls and more information about the network meeting in April. We would also welcome your contribution to the next newsletter, such as recent policy changes in mental health or social care and relevant conferences in your countries.

No Logo or website?

As you can see, this newsletter does not yet have a logo. And that will be the case for a while. The reason is very simple, we just want to focus on meaningful content first. After a final draft of the consensus document is ready, we will take the next steps in our communication efforts.

Meet the people behind EuCoMS

At this moment, the following team of people are working hard to make a success of this network.

Steering group

Dr R. (René) Keet	GGZ Noord-Holland Noord
Prof Dr C.L. (Niels) Mulder	European Assertive Outreach Foundation

Secretariat

Chris Nas (coordinator)	GGZ Nederland
Margret Overdijk	European Assertive Outreach Foundation
Laura Shields-Zeeman	Trimbos Institute
Marjonneke de Vetten	Trimbos Institute

Advisory group

Michiel Bahler	European Assertive Outreach Foundation
Jan Berndsen	Lister (Utrecht)
Katinka Kerssens	GGZ Noord-Holland Noord
Ionela Petrea	Trimbos Institute
Marijke van Putten	GGZ Noord-Holland Noord, European Assertive Outreach Foundation

A short history of the EuCoMS initiative

In the Spring of 2015, the European Assertive Outreach Foundation, GGZ Nederland and the Trimbos Institute came to the conclusion that in many countries, the agenda for community based mental health care was not making any significant progress. This, despite the efforts of many people in many countries.







An overview of networks for community mental health learned there is not yet an advocacy organisation for community based mental health services in Europe. And certainly not one that explicitly focuses on the legislation, funding and organisation of services. In Europe, clients (GAMIAN, ENUSP), family (EUFAMI) and professionals (EPA, EFPA, Horatio) are well represented, however there is no similar organisation for mental health service providers. Although Mental Health Europe does have service providers amongst their members, its focus is on human rights for people with mental ill-health. Other networks in community mental health cover a larger geographical area or focus on research and knowledge exchange.

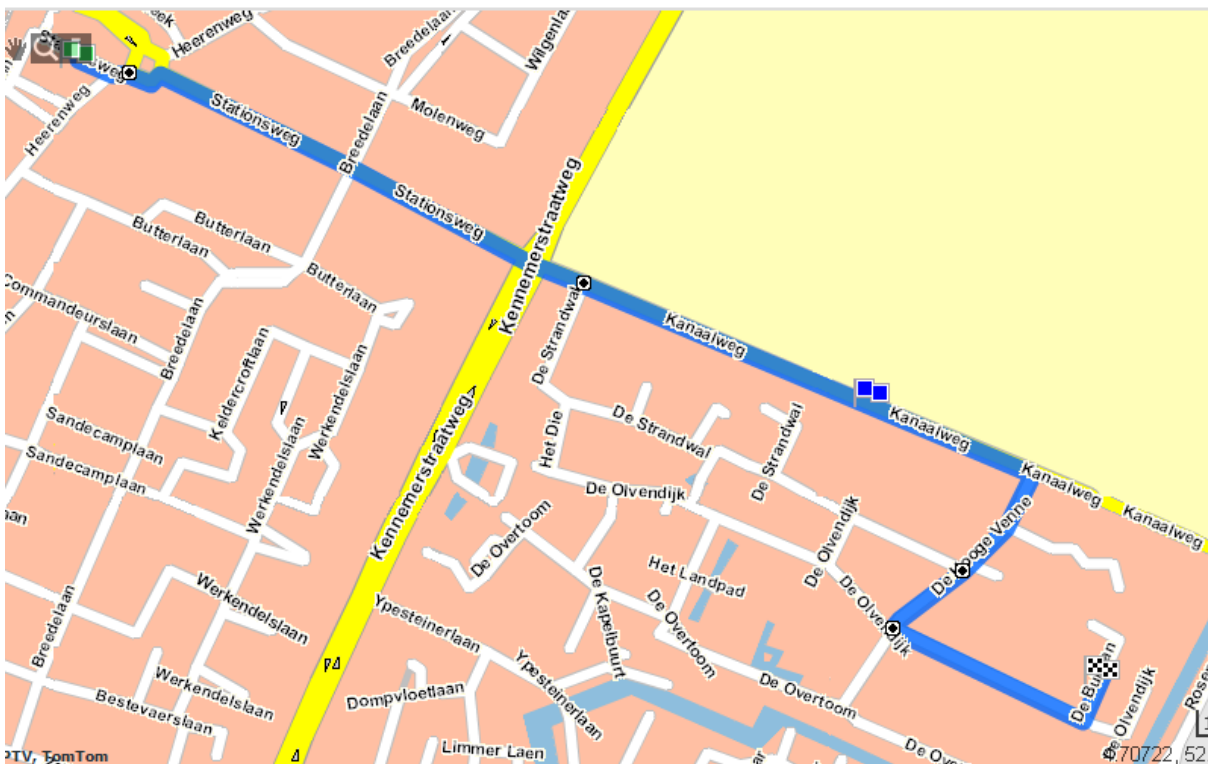
To determine if there really was a need for a European network of community based service providers, a breakfast meeting was held to discuss this matter at the EAOE conference in Oslo, Norway in June 2015. After this successful meeting, a small group started the work to further develop this initiative. The first milestone will be the meeting on April 6th in Heiloo.

Annex 1: Route to meeting place April 5th (De Trog)

Annex 1: Route planner to meeting place April 5th (De Trog)

Departure address: Central Station, Stationsplein Heiloo
Destination: Bullaan 4 Heiloo
Distance: 1.5 km
Duration: approximately 15 minutes






	Your starting point is: Stationsplein Heiloo
	Take the first exit on the roundabout to the Stationsweg
	After 391 meter cross the intersection and go straight ahead
	After 916 meter turn right to the Hooge Venne
	After 206 meter turn left to the Olvendijk
	After 200 meter you have arrived at the destination Bullaan 4 Heiloo



Annex 2: Route to meeting room April 6th (Willibrordus Business Center)

Annex 2: Route planner to meeting room April 6th (Willibrordus Business Center)

Departure address: Central Station, Stationsplein Heiloo
 Destination: Kennemerstraatweg 464 Heiloo
 Distance: 0.8 km
 Duration: approximately 10 minutes

	Your startpoint is: Stationsplein Heiloo
	Take the first exit on the roundabout to the Stationsweg
	After 391 meter turn right to the Kennemerstraatweg
	After 207 meter turn left and cross the road
	You have arrived at the destination Kennemerstraatweg 464 Heiloo
	Willibrordus Business Center, meeting room "De Refter"

